

South West Massage

Please Book direct on 0409 686 773 or in-roomindulgence@bigpond.com

Massage Therapies

Swedish Massage

Incorporating Swedish, Reiki and Reflexology techniques this treatment relaxes muscle and soft tissue, relieves aches and pains and improves circulation.

60mins \$110

90mins \$140

Huna (Hawaiian) Massage

An ancient form of Hawaiian Bodywork traditionally performed to honour the body as the temple of the soul. Huna massage relaxes and invigorates the mind, body and soul using hands, forearms and elbows to massage deeply and rhythmically. A soulful, spiritual and reconnecting massage.

60mins \$110

90mins \$140

Hot Stone Therapy

This treatment combines the benefits of Hydrotherapy and Thermotherapy with the strokes of massage using stones to create a deep, relaxing and healing treatment. The heat of the stones warms the skin allowing deep penetration of essential oils and deep massage work.

90mins \$140

Facials

Deep Cleansing and Rebalancing Facial

This facial is for combination/ oily skin types. It incorporates an exclusive serum containing thyme, niaouli, tea tree, echinacea and rosemary to calm, heal, seal and rebalance the skin.

60mins \$110

Rejuvenating Facial and Body Massage

Especially for dry, dehydrated and sun damaged skins. Exclusive Re-hydration Serum containing rosehip oil, patchouli, sandalwood and frankincense to reduce sensitivity, regenerate and soften skin.

Includes hand, neck, back, shoulder and reflexology foot massage.

75mins \$120

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Manicures & Pedicures

Indulgence Pedicures

Foot soak, exfoliate, shape, buff cuticles, followed by a heavenly foot and leg massage and to finish a coat of your favourite nail polish. Walking on air!

75mins \$110

Indulgence Manicures

Hand soak, scrub, shape, buff, massage, mask and polish. Hands will look and feel fantastic.

70mins \$110

Body & Soul

Full Body Indulgence

A total body indulgence beginning with a complete body exfoliation using a fragrant blend of rose, lavender and orange essential oils combined with almond meal, French clay and honey to leave skin silky smooth, moisturised and glowing.

This is then followed up by a complete body massage from tip to toe incorporating a delightful mix of Swedish, therapeutic and reflexology for her and a more intense deep tissue massage for him.

90mins \$140

Sheer Indulgence

A blissful 2 hours of indulgence. A relaxing full body Aromatherapy massage followed by an intensive rejuvenating facial using the finest organic formulations. Sheer Bliss!

2 hours \$190

Hawaiian Heaven

Immerse yourself in the tropical surrounds of Hawaii. Begin with an invigorating Hawaiian sea salt scrub followed by a heavenly coconut and frangipani essential oil aromatherapy massage incorporating the beautiful, flowing and nurturing techniques of native Hawaiian (Huna) massage....Heaven on Earth.

2 hours \$190